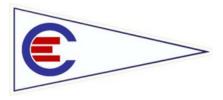
ESSEX CORINTHIAN YACHT CLUB



LUNCH MENU

SOUP & SALADS

Add to Salads: Grilled Salmon or Chicken \$8

SOUP OF THE DAY	\$ 9	SPRING DETOX SALAD chopped broccoli, cauliflower, carrots, quinoa, apple, pumpkin seeds, sunflower seeds, cranberries, greens,	\$16
SALT & VINEGAR ONION RINGS	\$11		
Sriracha aioli		turmeric vinaigrette	

ENTREES

Sandwiches served with house made potato chips
French Fries can be substituted for \$1 / Onion rings, Sweet Potato Fries, or Side Salad for \$2

TUNA MELT tomato, Cabot cheddar	\$15	YACHT CLUB BURGER* cheese, lettuce, tomato	\$18
DOUBLE BLACK BEAN BURGER cheddar, tomato, greens, pickle red onion, sriracha aioli	\$16	RARE ROAST BEEF tomato ,lettuce, bacon mayo, onion, focaccia roll	\$17
EGG SALAD BLT grilled onion focaccia roll	\$15	CLASSIC GRILLED CHEESE & CUP OF SOUP sourdough	\$15
OMELETTE OF THE DAY* side salad, toast, or home fries *Please note that a \$3 charge will be added special request omeletttes	\$ 1 4	SMOKED TURKEY RUEBEN Swiss, kraut, 1000 island dressing	\$16

CHILDREN'S MENU		BEVERAGES
10 and under. served with chips		Coke, Diet Coke, Ginger Ale, Bottled Water \$2
GRILLED CHEESE	\$10	Small Pellegrino, Brewed Iced Tea/ Coffee \$3
		Large Pellegrino \$5
CHICKEN FINGERS	\$10	Hot Coffee/ Tea \$2

^{*}These items are cooked to order and may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Before placing your order, please inform your server if a person in your party has a food allergy.